

Why Are We Here?*

Before coming to the fellowship of Narcotics Anonymous, we could not manage our own lives. We could not live and enjoy life as other people do. We had to have something different and we thought we had found it in Drugs. We placed their use ahead of the welfare of our families, our wives, husbands, and our children. We had to have drugs at all costs. We did many people great harm, but most of all we harmed ourselves. Through our inability to accept personal responsibilities we were actually creating our own problems. We seemed to be incapable of facing life on its own terms.

Most of us realized that in our addiction we were slowly committing suicide, but addiction is such a cunning enemy of life that we had lost the power to do anything about it. Many of us ended up in jail, or sought help through medicine, religion and psychiatry. None of these methods was sufficient for us. Our disease always resurfaced or continued to progress until in desperation, we sought help from each other in Narcotics Anonymous.

After coming N.A. we realized that we were sick people. We suffered from a disease from which there is no known cure. It can, however, be arrested at some point and recovery is then possible.

<u>Name</u>	<u>PhoneNumber</u>

**N.A. PHONELINES
MEETING INFORMATION
Winnipeg: (204) 981-1730
or 1-888-811-3887**

Who is an Addict?*

Most of us do not have to think twice about this question. **We know!** Our whole life and thinking was centered in drugs in one form or another - the getting and using and finding ways and means to get more. We lived to use and used to live. Very simply, an addict is a man or woman whose whole life is controlled by drugs. We are people in the grip of a continuing and progressive illness whose ends are always the same: jails, institutions and death.

What is the N.A. Program?*

N.A. is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to N.A. We are not affiliated with any other organizations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion.

We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help. The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

*“Reprinted with permission from the Little White Booklet, *Narcotics Anonymous*. © 1986 by Narcotics Anonymous World Services, Inc., PO Box 9999, Van Nuys, CA 91409”

Manitoba Area Meeting List



Manitoba Area
Service Committee
P.O. Box 25173
1650 Main Street
Winnipeg, MB
R2V 4C8

E-Mail: na_Manitoba@hotmail.com
Website: www.mascna.org



**Winnipeg: (204) 981-1730
or 1-888-811-3887**

Sunday

BROADWAY GROUP 2pm 222 Furby St. Winnipeg
CL/NS/SS/WCA/US/CSH Crossways United Church

NEW BEGINNINGS 7:30PM 3 St. Vital Road, Winnipeg
CL/DS/NA/DM/WCA St. Mary Magdalene Church

N.A. ON THE ROCKS 7:30pm 18 North Ave. Flin Flon
TD/CL/NS

Monday

BROADWAY GROUP 12noon 222 Furby St., Winnipeg
CL/NS/SS/WCA/US/CSH Crossways United Church

NO NONSENSE 6:30pm *** Stoney Mountain
Penitentiary

JUST FOR TODAY 6:30pm 430 2nd Street South, Kenora
CL/DM/NS/WCA Knox United Church
Side entrance ring bell

NEW FREEDOM 7:00 pm 116 Main St. N, Dauphin
TD/NS/CW Back door entrance

GENESIS GROUP 8:00pm 187 Kilbride Ave., Winnipeg
CL/NS/SS Kildonan United Church

WESTMAN NA 8:30pm 401-1st Street, Brandon
NS/CL/WCA St. Mary's Church

Tuesday

BROADWAY GROUP 12noon 222 Furby St., Winnipeg
CL/NS/SS/WCA/US/CSH Crossways United Church

E. K. BEGINNERS 7:00pm 220 Helmsdale Ave.. Winnipeg
O/NS/DS/WCA/TD/DM/CC /CD St. Stephens Church

EQUINOX GROUP 7:30pm 600 Minto St., Winnipeg
CL/DS/NS/SS/DM Our Saviors Lutheran Church

Wednesday

HOWILING WOLVES 6:30pm 1079 Creee Raod, Thompson
CL/DM AA Club House

WESTMAN NA 7:30pm 510 Frederick Street, Brandon
CL/NS/TD/WCA AFM Door at Back

PHOENIX GROUP 7:45pm *** Rockwood Corrections

NEW FREEDOM 7:00 pm 116 Main St. N, Dauphin
TD/NS/CW Back door entrance

BROADWAY GROUP 12noon 222 Furby St., Winnipeg
CL/NS/SS/WCA/US/CSH Crossways United Church

FOUNDATION FOR FREEDOM 7:00 pm 222 Furby St. Winnipeg
O/DM/NS/WCA Crossways United Church

Thursday

BROADWAY GROUP 12noon 222 Furby St., Winnipeg
CL/NS/SS/WCA/US/CSH Crossways United Church

CLEAN AND FREE 7:30pm 220 Duke Ave.,
CC/LS/SS/DM/NS/TD Portage La Prairie
Salvation Army Bldg.

GENESIS GROUP 8:00pm 187 Kilbride Ave., Winnipeg
CL/NS/SS Kildonan United Church

Friday

BROADWAY GROUP 12noon 222 Furby St., Winnipeg
CL/NS/SS/WCA/US/CSH Crossways United Church

BROADWAY GROUP 7:00pm 222 Furby St., Winnipeg
CL/NS/CC/WCA/US/CSH Crossways United Church

NEW FREEDOM 7:00 pm 116 Main St. N, Dauphin
TD/NS/CW Back door entrance

WESTMAN NA 9:30pm 401-1st Street, Brandon
NS/CL/WCA St. Mary's Church

GENESIS GROUP 10:00pm 187 Kilbride Ave., Winnipeg
CL/NS/SS/CD Kildonan United Church

Saturday

GENESIS GROUP 10:30am 187 Kilbride Ave., Winnipeg
NS/SS/O Kildonan United Church

HOWILING WOLVES 4:00pm 1079 Creee Raod, Thompson
CL/DM AA Club House

SERENITY ON SATURDAY 125 Sherbrook St.. Winnipeg
7:00pm
O/NS/DM/CC/WCA

YELLOWHEAD GROUP 221 Hamilton St., Neepawa
7:00pm
CL/DM/NS/WCA Calvary Chapel

*** All correctional facility meetings require security clearance. See the H&I Chairperson for release forms.

**Manitoba Area Service Committee
Monthly Meeting 3rd Saturday of the month
10:30am - 1:00pm 430 Langside Street**

SPEAKER MEETINGS

GENESIS 5th Thursday of the month.
EQUINOX 5th Tuesday of the month.
BROADWAY 5th Sunday of the month

**Birthday Nights & Speaker Meetings
are open to the Public, Family & Friends**

GENESIS – Open Meeting 1st Monday of the Month

MEETING CODES

CC Chairpersons Choice
CD Candle Light Meeting
CSH Closed Statutory Holidays
CL Closed Meeting (Addicts Only)
CW Children Welcome
DM Discussion Meeting
DS Downstairs
LS Literature Study Meeting
NS Non-Smoking
SS Step Study Meeting
TD Topic Discussion Meeting
TM Tradition Meeting
US Upstairs
WCA Wheel Chair Accessible
O Open Meeting

Meeting List Revised April, 2012



**KEEP
COMING
BACK**

